



Scripture Theme 2017-2018

From the Psalms

*“God guides the humble in righteousness,
and teaches the humble the way.” Psalm 25:9*



Background

Just as the Psalms reflect different times and experiences throughout Israel's existence, so too a community of faith, such as BSM, has a vast array of experiences over time. Guided by the words of the psalmist we can see the relationship of the community with God – and its desire to follow in the path God has laid. Really, all the psalms reflect the relationship of God and the people and the deep love that exists between the two. One of the interesting things about psalms is that they are both personal and communal, so as we use this particular theme this year we can apply it to ourselves and the Benilde-St. Margaret's community as a whole.

We are fortunate to have three founding orders which show us what true humility is. St. Benedict wrote a guide to humility in his rule which is still popular today, advising us that humility is a part of obedience. St. John Baptist de La Salle writes about humility as a virtue of a good teacher, stating that humility makes good teachers treat both their colleagues and their students with esteem, cordiality, friendliness and kindness. And the Sisters of St. Joseph speak of humility in their consensus statement, remembering that they are called to achieve unity of neighbor with neighbor and neighbor with God through works of charity in humility. So this school year let us reflect on humility in our personal lives, and in our community.

Questions for Reflection

1. What does it mean to be humble? What other character traits go together with humility?
2. In what area are you most likely to struggle with humility? Where do you tend to judge other people the most? In what ways are you overly self-focused, either with pride, insecurity, self-promotion or worry?
3. How is humility essential for spiritual growth?
4. Who offers you an example of humility? What is it about them that you see as humble?

