

American University  
 Arizona State University\*  
 Auburn University  
 Augsburg College\*  
 Augustana College  
 Barnard College  
 Baylor University\*  
 Belmont University\*  
 Bemidji State University\*  
 Bethel University-MN\*  
 Boston College\*  
 Boston Conservatory at Berklee  
 Boston University\*  
 Bradley University  
 Brandeis University  
 Brown University  
 Butler University\*  
 California Lutheran University  
 Carleton College\*  
 Central Michigan University  
 Chapman University  
 Chatham University  
 Coastal Carolina University  
 Colby College\*  
 College of Saint Benedict\*  
 College of St. Scholastica\*  
 College of the Holy Cross\*  
 College of William and Mary  
 Colorado College  
 Colorado State University\*  
 Columbia College Chicago\*  
 Concordia College - Moorhead\*  
 Cornell College\*  
 Creighton University\*  
 Dalhousie University  
 Dartmouth College  
 Denison University  
 DePaul University\*  
 DePauw University\*  
 Drake University\*  
 Drexel University  
 Elon University  
 Emerson College  
 Emory University\*  
 Florida A&M University\*  
 Fordham University\*  
 Franklin University Switzerland  
 Furman University  
 Georgetown University\*  
 Gonzaga University\*  
 Grand Canyon University  
 Grinnell College  
 Gustavus Adolphus College\*  
 Hamilton College - NY\*  
 Hamline University\*  
 Harvard University  
 High Point University  
 Hobart and William Smith Colleges  
 Hosei  
 University  
 Howard University  
 Indiana University at Bloomington\*  
 Iowa State University\*

Johns Hopkins University  
 Johnson & Wales University  
 (Providence)  
 Lake Forest College\*  
 Lawrence University  
 Lehigh University  
 Loras College  
 Louisiana State University  
 Loyola Marymount University\*  
 Loyola University Chicago\*  
 Loyola University Maryland  
 Luther College\*  
 Marietta College  
 Marist College\*  
 Marquette University\*  
 Marymount California University  
 McGill University\*  
 McNally Smith College of Music\*  
 Miami University, Oxford\*  
 Michigan Technological University\*  
 Millikin University  
 Milwaukee School of Engineering  
 Minneapolis College of Art and Design\*  
 Minnesota State University, Mankato\*  
 Minnesota State University, Moorhead\*  
 Montana State University, Bozeman\*  
 Mount Holyoke College  
 Mount Marty College  
 New York University\*  
 North Central University\*  
 North Dakota State University\*  
 Northeastern University\*  
 Northern Michigan University\*  
 Northwestern University\*  
 Occidental College\*  
 Ohio University  
 Pacific Lutheran University  
 Pennsylvania State University  
 Pepperdine University\*  
 Point Loma Nazarene University  
 Pomona College  
 Providence College\*  
 Purdue University\*  
 Rensselaer Polytechnic Institute  
 Ripon College  
 Rochester Institute of Technology  
 Rollins College  
 Rose-Hulman Institute of Technology  
 Rutgers University-New Brunswick  
 Saint John's University (MN)\*  
 Saint Louis University  
 Saint Mary's College  
 Saint Mary's University of Minnesota\*  
 San Diego State University  
 Santa Clara University\*  
 Seattle Pacific University  
 Seattle University  
 Siena College  
 Simpson College  
 Smith College  
 South Dakota School of Mines and  
 Technology\*  
 South Dakota State University\*

Spelman College  
 St. Catherine University - St. Paul\*  
 St. Cloud State University\*  
 St. Edward's University  
 St. Norbert College\*  
 St. Olaf College\*  
 St. Petersburg College  
 Swarthmore College  
 Syracuse University\*  
 Taylor University  
 Texas Christian University\*  
 The College of the Ozarks  
 The Culinary Institute of America- NY  
 (Main Campus)  
 The Evergreen State College  
 The George Washington University\*  
 The Ohio State University\*  
 The University of Alabama\*  
 The University of Arizona\*  
 The University of Georgia  
 The University of Iowa\*  
 The University of Montana, Missoula\*  
 The University of North Carolina  
 at Chapel Hill  
 The University of Oklahoma\*  
 The University of Tampa  
 The University of Texas, Austin  
 Thomas College  
 Trinity University  
 Tufts University\*  
 Union College (New York)  
 United States Air Force Academy  
 United States Military Academy - Army  
 United States Naval Academy\*  
 Unity College  
 University of Advancing Technology  
 University of British Columbia  
 University of California, Davis  
 University of California, Irvine  
 University of California, Los Angeles  
 University of California, San Diego\*  
 University of California, Santa Barbara  
 University of Chicago  
 University of Colorado at Boulder\*  
 University of Colorado at Colorado Springs  
 University of Connecticut\*  
 University of Dayton  
 University of Denver\*  
 University of Illinois at Urbana-Champaign\*  
 University of Kansas\*  
 University of Manitoba\*  
 University of Maryland, College Park  
 University of Michigan\*  
 University of Minnesota, Duluth\*  
 University of Minnesota, Morris\*  
 University of Minnesota, Twin Cities\*  
 University of Missouri Columbia\*  
 University of Nebraska at Lincoln\*  
 University of Nebraska at Omaha\*  
 University of New Hampshire at Durham\*  
 University of New Mexico  
 University of North Carolina at Wilmington  
 University of North Dakota\*

University of North Georgia  
 University of Northern Iowa  
 University of Northwestern  
 University of Notre Dame\*  
 University of Oregon\*  
 University of Pennsylvania\*  
 University of Phoenix  
 University of Pittsburgh  
 University of Portland\*  
 University of Puget Sound\*  
 University of Richmond  
 University of Rochester  
 University of San Diego\*  
 University of Southern California\*  
 University of St. Thomas\*  
 University of Utah  
 University of Vermont\*  
 University of Washington\*  
 University of Wisconsin, Eau Claire\*  
 University of Wisconsin, La Crosse\*  
 University of Wisconsin, Madison\*  
 University of Wisconsin, Milwaukee  
 University of Wisconsin, Platteville  
 University of Wisconsin, River Falls\*  
 University of Wisconsin,  
 Stevens Point  
 University of Wisconsin, Stout \*  
 University of Wisconsin, Superior  
 University of Wisconsin, Whitewater\*  
 Vanderbilt  
 University  
 Villanova University\*  
 Virginia Tech  
 Wake Forest University  
 Washington and Lee University\*  
 Washington State University  
 Washington University in St. Louis  
 Wellesley College\*  
 Wheaton College IL\*  
 Whitman College\*  
 Winona State University\*  
 Xavier University\*  
 Yale University\*

\* indicates more than one student attending

## GUIDANCE DEPARTMENT & COLLEGE/CAREER PLANNING

### Benilde-St.Margaret's

Preparing for success starts as soon as you walk through our doors.

#### GUIDANCE DEPARTMENT

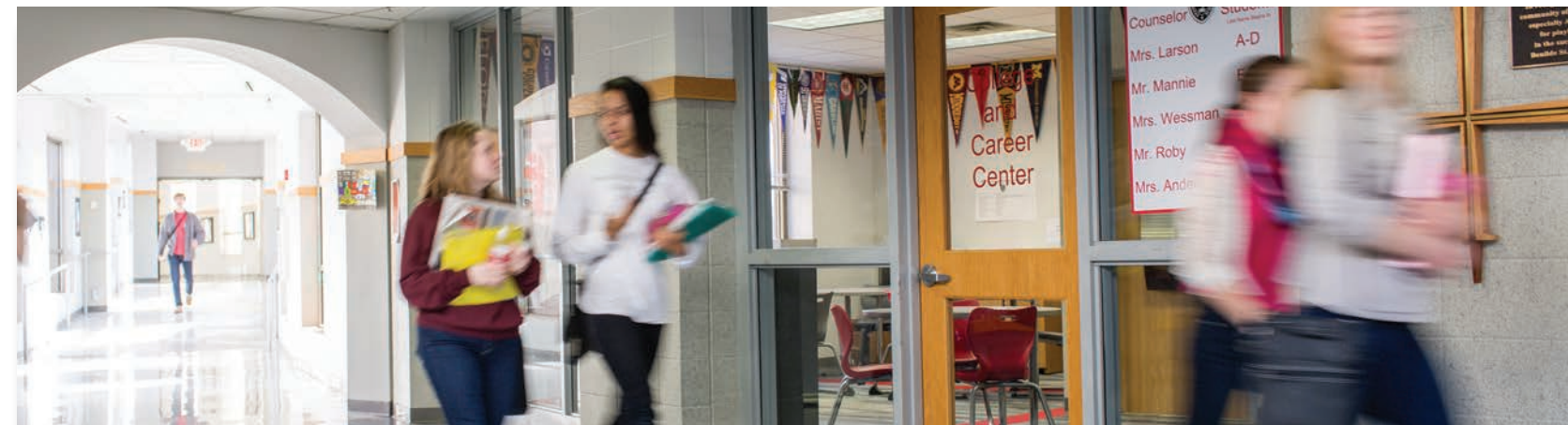
Benilde-St. Margaret's offers a comprehensive guidance program that includes personal and academic counseling, with emphasis placed on helping students plan for their future. The Guidance Department provides assistance beyond our Red Knights' high school careers. BSM offers an extensive selection of college-preparatory courses, and each student is assigned a counselor that stays with them from their very first day at BSM until they graduate.

#### COLLEGE AND CAREER CENTER

The BSM College and Career Center is a resource center for both students and parents. The counselors and trained parent volunteers, staff the College and Career Center and are available to assist our Red Knight families. There are approximately 200 college representatives who visit with interested students each year in the College and Career Center.



BSM's Guidance and College Counselors individually assist all Red Knights in setting and reaching goals for successful futures.



Educating servant leaders – in Body, Spirit, and Mind.

## Advanced Placement

BSM offers 21 Advanced Placement courses. In 2018, there were 37 AP Scholars with an average score of 3.33, 17 AP Scholars with Honors with an average score of 3.69, 22 AP Scholars with Distinction with an average score of 4.24 and one National AP Scholar with an average score of 5.

### AP Five-Year Score Summary

	2014	2015	2016	2017	2018
Students	209	249	260	240	225
Number of Exams	350	459	457	485	466
Percent with scores 3+	76.1	75.5	85.8	69	79

## Matriculation

BSM's class of 2018 went on to post-secondary education at a rate of 95% (92% to four-year programs and 3% to two-year programs). Another 1% went on to a post-secondary athletic program, 1% went to active military duty and 1% took a gap year of service.

## SAT

- Number of seniors taking the SAT: 30
- Percent of the Class of 2017 taking the test: 13%

## ACT

- 209 students from the Class of 2018 took the ACT (beginning Dec '16); that represents 93% of the class.
- The average score of the highest ACT for those students was 27, compared to the Minnesota average of 21.1 and the national average of 21.0.
- In the Class of 2018, the average ACT score for the top 25 percent was 32.2, while the top 10 percent was 33.9.

### Class of 2018 ACT Summary

Section	Middle 50%	Mean
English	25-33	28.3
Math	23-29	26.2
Reading	24-32	28.1
Science	24-30	27
Composition	24-30	26.9



## COMPREHENSIVE 4-YEAR PLAN • COMPREHENSIVE 4-YEAR PLAN • COMPREHENSIVE 4-YEAR PLAN • COMPREHENSIVE 4-YEAR PLAN • COMPREHENSIVE 4-YEAR PLAN

### Freshman Year

#### Freshmen Individual Meetings (Fall):

Counselors meet individually with students and parents (optional) to discuss the student's high school and college goals.

#### Naviance Family Connection Introduction (October):

Freshmen are introduced to Naviance, a college and career planning website that they will use throughout their years at BSM.

#### Freshmen High School and College Planning (Yearlong):

Counselors meet with the freshmen eight times on "Freshmen Fridays" during the school year. At these meetings, they talk to the students about how to make the most out of high school including the importance of academics, study skills and extracurricular involvement.

Freshmen also hear from a panel of our seniors who will pass along advice and tips about how to make the most out of their years at BSM.

### Sophomore Year

#### Pre ACT test with interest inventory (October)

#### Sophomore Sessions:

The counselors will work with the sophomores for five days throughout the year regarding college and career planning. Sophomores will also hear from a panel of our seniors in the spring regarding college visits, test preparation and the college planning and application process.

#### College Planning Meeting for Parents of Sophomores (January)

#### BSM College Fair (April):

Representatives from approximately 120 colleges and universities in the United States are invited to BSM. Sophomores are invited to attend.

### Junior Year

#### Junior PSAT/College Planning Timeline Meeting (September)

#### ACT Prep Course (First Semester)

Breakaway Test Prep will lead BSM's rigorous 13-week in-school ACT prep program. Each week, Breakaway will provide 60 minutes of ACT instruction covering all frequently tested concepts and critical test-taking skills across English, math, reading, science and the writing test.

**PSAT (October):** All BSM juniors take the PSAT/NMSQT. Results are mailed home in December. PSAT is the National Merit Scholarship qualifying test.

#### Junior/Counselor Individual Meetings (February/March):

The counselors meet individually with each junior during February and March to discuss the following topics: possible post-secondary options, important criteria in college selection, possible majors/career fields, college application process, etc.

#### Junior "Building Your Future Day" (February):

All BSM juniors take part in this all-day college/career planning workshop. The students attend several sessions led by college admissions counselors, a representative from a test-prep agency and the BSM Guidance and College Counseling Team.

Students will also receive a college/career portfolio that is worth .5 credits and a Pass/No Pass grade, and is a graduation requirement. Part of the portfolio is required attendance at the BSM College Fair in April.

#### College Planning Meeting for Parents of Juniors (February)

**Letter of Recommendation Survey (due in April):** Juniors fill out a survey about their high school activities and achievements, their post-secondary plans and their goals for the future. This survey is required of any student who will need a recommendation letter from a teacher or a counselor.

#### BSM College Fair (April):

Representatives from approximately 120 colleges and universities in the United States are invited to BSM. BSM juniors are required to attend.

#### College Representative Visits (Yearlong)

Over 200 colleges and universities send admission representatives to speak with our students in our own BSM College and Career Center each year. Sophomores, juniors and seniors are able to attend these meetings with permission from their teachers.

### Senior Year

#### Senior Small Group Meetings (end of August):

Counselors meet with all seniors in small groups during their BSM hours. The counselors address a variety of topics related to the entire college application process. Summer workshops also offered to give seniors a head start on the college application process.

#### College Planning Meeting for Parents of Seniors (August, September):

The counselors host a college planning meeting for senior parents during the first part of September and discuss many of the topics addressed during the senior small group meetings.

#### Parent Questionnaire (Early September):

Parents of seniors will be asked to complete a questionnaire about their sons and daughters.

This questionnaire is used by the counselors when writing letters of recommendation.

#### Individual Counselor Meetings (September/October):

The counselors meet at least one time with each senior to go over their college application progress. Counselors will help make sure each student has a well-rounded list, and will help organize deadlines and requirements for each of their colleges.

#### College Financial Aid Program for Parents of Seniors (November):

Parents of seniors are encouraged to attend this informative session on financial aid given by a financial aid officer from a local college or university.

#### National Decision/Reply Date for Colleges (May 1)